



40th Annual City of Palms Clinic



Football -Track & Field -Volleyball

January 22, 23, 24, 2026

Sponsored by: MATRIX

John Jerma - Clinic Director

Football Agenda

Thursday , January 22, 2026

- 3:00 pm - Registration - Hotel Lobby Area
6:00 p.m. - 7:05 p.m. Head Coach Travis Bush, UTRGV - Edinburg
"Program Development / Offensive Organization/ Pass Game"
7:15 p.m. - 8:20 p.m Coach Jeff Lefevre, Offensive Coord., Raymondville H.S.
"Throwing Football to Run the Football"
8:25 p.m. - 9:40 p.m. Coach Gunnar Henderson, UTRGV -Edinburg , Receivers Coach
"Recognizing Coverages / Adjusting Routes in Finding Space"

Friday, January 23,2026

- 1:30 pm - Registration - Hotel Lobby Area
3:00 p.m.-4:00 p.m. Region VII Coaching Development
5:00 p.m.-6:10 p.m. Coach Ryan Luedecke, Defensive Coord. Lake Travis H.S.
"Defensive Weekly Game Planning & 3rd Down Defense"
6:20 p.m.-7:30 p.m. Head Coach Alan Haire, Jarrell H.S. , "Slot T. Tempo Offense"
7:40 p.m.-8:50 p.m. Coach Cody Cory, Highland Park H.S. , Passing Coordinator,
"QB Development in the Spring, Progression Reads"
9:00 p.m.-11:00 p.m. FREE SOCIAL

Saturday, January 24,2026

- 8:00 a.m. - Registration - Hotel Lobby Area
8:30 a.m.- 9:40 a.m. Coach Mike Hudson, UTRGV - Edinburg, Special Teams
"Drills that will Make Your Special Teams - Special"
9:50 a.m.-11:00 a.m. Head Coach Will Littleton, Raymondville H.S.
"Multiplicity-Simplicity 4-2-5-/ 3 High Defense"
11:10 a.m.-12:20 p.m. Head Coach Larry Hill, Smithson Valley H.S.
"Counter Series - Runs / Passing"
12:30 p.m.- 2:00 p.m. LUNCH
2:00 p.m.-3:10 p.m. Coach Hayden Hoffman, Waco Midway H.S.
"Panther Receiver Play"
3:20 p.m.-4:30 p.m. Coach Craig Wersterfer, Defensive Coord. Smithson Valley H.S.
"Creating Culture of Tackling and Takeaways"
4:40 p.m.-5:40 p.m. Updates U.I.L. & TGCA, A.J. Martinez, UIL Assist. Athletic Director
TGCA Executive Director, Sam Tipton
7:00 p.m.-9:00 p.m. Glenn Olivier - Dinner & Program

*** Track & Field - Homer Martinez - Coordinator**

Friday, January 23, 2026

- 3:00 p.m.- 4:00 p.m. **Region VII Coaching Development**
5:00 p.m.- 6:15 p.m. " Hurdle Technique" **Head Coach Amy Villasenior, Laredo United H.S.**
6:20 p.m.- 7:30p.m. "Coaching Cross Country" **Head Coach Tim McGuire, Montgomery H.S.**
7:40 p.m. - 8:50 p.m. "High Jump Technique" **Head Coach Kenneth Decuir, Katy - Paetow H.S.**
9:00 p.m. -11:00 p.m. **Free Social**

Saturday, January 24, 2026

- 8:25 a.m.-9:40 a.m. "Fundamentals of Discus" **H.S. Girls Coordinator, Johvonne Howard, Port Isabel H.S.**
9:50 a.m. -11:00 a.m. " Sprints" **Head Coach James King , Refugio H.S.**
11:10 a.m.-12:20 p.m. "Training - 800 M Dash"- All State /All American 5A **Miler - 1967
Robert Gonzalez, Falfurrias, Tx.**
12:30 p.m.- 2:00 p.m. **Lunch**
2:00 p.m.- 3:10 p.m. "Fundamentals of Shot Put" **H.S. Girls Coordinator, Johvonne Howard, Port Isabel H.S.**
3:15 p.m.- 4:25 p.m. "1600 M / 3200 M Run" **Head Coach Tim McGuire, Montgomery H.S.**
4:30 p.m. - 5:30 p.m. "Long Jump / Triple Jump Techniques"
Head Coach Kenneth Decuir, Katy - Poetow H.S.

7:00 p.m.- 8:45 p.m. **Glenn Olivier Dinner & Program**

***Volleyball - Paula Gonzalez - Coordinator**

Friday, January 23, 2026

- 3:00 pm - 4:00 pm **Region VII Coaching Development**
5:00 pm - 6:10 pm "Winning is by Design"
Head Coach: Diana Lerma, Mission Veterans High School
6:20 pm - 7:30 pm "Raising the Floor:
How to Develop & Improve the Middle of your Roster"
Head Coach: Todd Lowery, UTRGV
7:40 pm - 8:50 pm "Serve Pressure and Winning out of System"
Head Coach: Todd Lowery, UTRGV
9:00 pm - 11:00 pm **Free Social**

Saturday, January 24, 2026

- 8:30 am - 9:40 am "Technique & Analysis of Fundamental Skills"
Head Coach Sherry Hoskins, Brownsville Veterans Memorial HS
9:50 am - 11:00 am "20 out of 24 District Titles Ain't Bad"
Head Coach: Diana Lerma, Mission Veterans High School
11:10 am - 12:20 pm "The Power of One:
Strategies & Drills for Success in a Solo Athletic Period Classroom"
Head Coach Ofelia Griffith, Edcouch-Elsa High School
12:30 pm - 2:00 pm **Lunch**
2:00 pm - 3:10 pm "Fair & Effective Try-Outs"
Head Coach Sherry Hoskins, Brownsville Veterans Memorial HS
3:20 pm - 4:30 pm "The Long Game:
How to Build a Program, Not Just a Team, for Sustained Success"
Head Coach, Ofelia Griffith, Edcouch-Elsa High School

7:00 pm - 9:00 pm **Glenn Olivier Dinner & Program**